

New Groups @ Cap 2009/2010

- 1. *Life Together* discussion group with Robbie and Jenn Ohlhauser**
Reading through Dietrich Bonhoeffer's *Life Together*, discussing, praying, wondering and learning together about Christian Community.
When: Every Thursday night for 7 weeks, beginning Oct 15, ending Nov 26
Where: The Ohlhausers' in Lynn Valley
Contact: 604-984-1214 twonewlyweds@shaw.ca
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- 2. Wednesday night Justice Hub with Mike Nichols and Bonita Dirk**
Want to understand God's heart for justice as revealed in the Bible? Want to grapple with what it means to do justice as a Christian in the contemporary world? We will have a video, presentation, or scripture study each night followed by great discussions and prayer. Special appearances by Gary Haugen, Illilo and Gord Chutter. Come early the first night for introductions.
When: 7:15-9:15 every Wednesday night for 7 weeks beginning Oct 14, ending Nov 25
Where: Location TBA
Contact: 778-835-3616 mikeandbonita@yahoo.com
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- 3. Home Group with Scott and Margaret Campbell in Edgemont Village**
This group is committed to studying the Bible with openness to being challenged and changed by God.
When: 7:30-9:30 every other Tuesday night beginning Tuesday Oct 13th
Where: The Campbells to start with, but this may change
Contact: 604-924-9458 scottdcampbell@shaw.ca
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- 4. "Bible and Borscht" with Andrea Smith**
Andrea says: "My spiritual formation happened largely around the dinner table. Every night as I was growing up my father would pull out a Bible and we would read aloud - taking turns to read a few verses and passing the Bible on to the next person. So I want to gather a group of people who want to share a meal, share a passage of Scripture and share their lives for a short time every two weeks and see what comes of it. Children are very welcome."
When: Every other Thursday from 6:30-8:30, starting in November
Where: Andrea Smith's in Edgemont
Contact: 604-987-3973 asmith3973@shaw.ca
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- 5. Discernment Group with Lynne Smith and Kim Pierrot**
We'll share a meal, listen to each other's life stories and listen to God on each other's behalf.
When: Friday nights once a month from 6-9 pm, starting Oct 16
Where: Lynne Smith's house in Edgemont
Contact: 604-985-8540 lsmith@shaw.ca
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Special Interest Groups:

6. Early Morning Prayer and coffee

Would you be interested in gathering with others to pray before beginning your work day? A private room in the Park & Tilford JJ Bean is available for that purpose. Sign up and indicate whether Wednesday, Thursday or Friday would work, and what time you would prefer.

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7. Circle Prayer (coordinated by Jake Penner and Paul Loewen)

This already- existing group of men meets to pray every Tuesday morning and then enjoy breakfast together. They welcome new people.

When: Tuesday mornings at 7 am for prayer, breakfast from 8-9

Where: 857 West 3rd St. (at Fell)

Contact: 604-925-3894 loewenengineering@shaw.ca

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8. Friday Night @ the Movies

How about getting together with some other Cappers to watch a movie and then discuss it? Joanne Briault is willing to act as a coordinator. Sign up below.

When: Friday

Where: TBA

Contact: 604-985-9407 pjbdrum@shaw.ca

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9. The Gospel in Action

Several Cappers expressed a desire to be involved in helping out individuals in need or a marginalized group of people. Sign up below if you would be interested in getting together to dream and discuss the possibility of taking on a project together. Deborah Harden will contact you for a meeting.

When: TBA

Where: TBA

Contact: 604-983-2199 deborahharden@telus.net

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10. Cap Community Kitchen & Care

Do you want to be involved in caring for our community in practical ways, such as providing meals or visiting someone, perhaps even cooking together? Sign up if you are interested in exploring this idea. Irene McGuinness will contact you for a meeting.

When: TBA

Where: TBA

Contact: 604-988-6350 foodbc@telus.net

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11. Recreational Activities

Lots of us at Cap want to do something active together: hiking, kayaking, swimming, walking were just a few of the ideas that have been mentioned. Sign up if you might be interested in participating in some of these activities.

Contact: 604-980-8997 life@capchurch.ca

12. Womens' Prayer and Study Tues, Wed or Thurs mornings

Some women have expressed interest in gathering to study and pray on a weekday morning. Please sign up if you are interested, and indicate your day preference.

Contact: 604-980-8997 life@capchurch.ca

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13. Young Adults Hanging with the Colpitts

Sharing our lives and building meaningful connections. We will explore together the questions: "If we continue to grow in our faith for the next twenty years, what will we look like?", and "What is Christian maturity, really?" Together we will develop a lived vision for our lives of faith and an awareness of how we are being formed.

When: Every Thursday evening beginning Oct 22 - Christmas

Where: TBA

Contact: 604-839-0911 john@capchurch.ca

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14. Sunday Lunch or Activity

Would you like to go out for lunch or do something after church occasionally with some Cappers? Sign up if you might be interested. Also, please mark beside your name if you might be willing to draw those interested out for lunch one Sunday to discuss the direction this group might take.

Contact: 604-980-8997 life@capchurch.ca

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15. Art Connection

Would you like to be in a group that meets to do art together perhaps once every 2 months? Please sign up.

Contact: 604-980-8997 life@capchurch.ca

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16. Alpha

Challenging Lifestyle Course (Alpha begins Jan 2010) Topics include: How To - Find the Secret of Happiness, Change the World Around You, Understand the Old Testament, Handle Anger, Approach Sex in the 21st Century, and Respond to Divorce

When: Tues 7 - 9:15pm Oct 6 - Nov 24th

Where: Deborah Harden's 1261 West 23rd St. N. Van

Contact: 604-987-7144 jpedder@telus.net

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17. Running Fools

An already-existing group of guys who bond while they sweat. Join to get in shape and make a friend.

When: Mon, Wed and Fri mornings at 6 am

Where: 870 Lynn Valley Road (Hillside Church)

Contact: 604-987-9399 davidst@shaw.ca

Existing Home Groups:

18. *Issues Facing Christians Today*

Book by John Stott is the study just started at Brad & Bonnie Wise's home

When: 3 Monday nights a month 7:30pm
Where: 3151 Colwood Drive North Van. (rotate homes)
Contact: 604-986-6047 bonniewise@telus.net

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19. Cap in the Cove

Couples all ages - School age children welcome - some with kids, some with grand kids. All love Deep Cove.

When: Every other Tuesday 7:30 - 9 Starts Oct 6th
Where: 4344 Mount Seymour Parkway
Contact: 604-984-4077 barbaraatkins@shaw.ca

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20. Great Dinner & Discussion

Lively study & discussion of the Book of Daniel

When: Every Tuesday 6:30pm
Where: Hosted by Lydia and Hans Forssander at 1967 Hyannis in the Blueridge area.
Contact: 604-988-3727 forsong@shaw.ca

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21. Milley Home Group

Paul & Isabelle Milley lead this newish group to study & discuss *Life Together* by Dietrich Bonhoeffer but will commence a study of the book of John afterwards. Various ages, singles and couples. Great desserts!

When: Every Tuesday evening at 7:30
Where: Various members' homes in North Van
Contact: 604-988-8557 ipmilley@shaw.ca

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22. Women - Fully Alive

Spiritual focus discussion and study or dinner and a video, alternately. Lots of sharing, prayer, discussion and laughter at Gayle Talbot's home

When: Every Tuesday 6:00 (dinner) or 7:30pm
Where: 4164 Cantebury Crescent, North Van (Highlands)
Contact: 604-987-2711 gayley@telus.net

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23. Infant friendly Group in Lynn Valley

Focus is supporting one another through friendship and fellowship, topic areas shift; always biblically focused but can range from a book study to studying scripture.

When: Every Wednesday 7:30
Where: Jess and Barrett Sprowson's home, 1729 Ralph Street N. Van
Contact: Smiths: 604-988-7696 delsmith@shaw.ca

24. “We’re Mature but Young at Heart”

Book or bible study, prayer and caring for one another a priority.

When: Alternate Thursdays 7:30 to 9:15

Where: John & Julie Lishman’s home 1785 Gordon Ave. West Van.

Contact: 604-922-1175 randenehardy@shaw.ca

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25. Velvet Elvis

They finished the book, but they still kept the name. Led by Delma Campbell, but lots of opportunity to lead the study yourself. *Life Together* will be current book study.

When: Alternate Thursdays at 7:30

Where: Greg & Jane’s Howard home 1850 Mathers, West Van.

Contact: 604-926-8361 janeh@columbiaplastics.com

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26. Contemplative Listening Prayer

This is the central focus and teaching. Not a bible study or book group, but an evening of spending time with God to listen and hear his voice. Wow!

When: Alternate Thursday evenings

Where: West Vancouver

Contact: Christine Farris 604-922-5774 christine@christinevancouver.com

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27. Mums’ Discussion Group

Short series on a variety of topics and occasionally guest speakers. Coffee and friendship. Childcare provided. Newcomers always welcome.

When: Alternate Wednesdays 9:15 - 11:15

Where: Hillside Baptist

Contact: Sue Carabetta 604-983-0182 sue@capchurch.ca

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28. Mums’ Prayer & Contemplation Group

Time of silence to rest and reflect followed by small group prayer. Childcare provided. Newcomers always welcome.

When: Alternate Fridays 9:15 - 11:15

Where: Hillside Baptist

Contact: Sue Carabetta 604-983-0182 sue@capchurch.ca

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29. Babies & Bellies

This group encourages each other through pregnancy and early parenthood

When: Once per month

Contact: Jenn Ohlhauser 604-984-1214 twonewlyweds@shaw.ca

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30. Mom and Kids Activity

Moms and kids get together to do free or cheap activities - varied schedule

When: Once per week

Contact: Kaitlin Lilley 778-340-3455 kaitlin@lilley.ca